

# Horseheads Varsity “H”

## LINEMEN FOOTBALL CAMP

### Grades 9-12

**July 7<sup>th</sup> 10:00-12:00 July 8<sup>th</sup> 10:00-12:30 High School Stadium**

**Registration is online via form on district website**

<b>Equipment Required:</b>	A water bottle, preferably labeled with child’s name Cleats and/or sneakers, athletic socks, shorts, shirt, helmet, shoulder pads
<b>Registration Fee:</b>	\$40.00 Includes camp t-shirt Cash or check accepted Make checks payable to Horseheads Varsity H Bring on first day of camp
<b>Camp Director:</b>	HHS Football Coach John Malnoske
<b>Coaches:</b>	<p>Coaches Include:</p> <p>Coach Joe Gilbert, current Carolina Panthers Offensive Line Coach and Horseheads High School graduate, will be handling all the offensive line instruction on Day 1 of the camp.</p> <p>Coach Mike Wauffle, recently retired Buffalo Bills and New York Giants defensive line coach and Hornell High School Graduate, will be handling all of the defensive line instruction on Day 2 of the camp.</p> <p>Coach Gary Cramer, currently the Life Coach at the University of Alabama. Who worked under coach Nick Saban before his retirement will be giving a motivational presentation to the athletes on Day 2.</p> <p>The Horseheads Football Staff will also be assisting with all aspects of the camp, in conjunction with coaches Gilbert, Wauffle and Cramer.</p>
<b>Camp Philosophy:</b>	
<p>The purpose of this camp is to provide students athletes that play offensive and defensive line to learn the most up to date techniques from some of the world's best football coaches and to learn life lessons in the process. Student athletes will be learning both offensive and defensive line techniques along with training techniques from super bowl winning coaches.</p>	