## Horseheads Varsity "H"

## **Girls Soccer Camp**

Grades 1-12

August 1-4 • 8:30-11:30 Middle School Fields

\*\*Registration is online here

Camp Location: Middle School Fields

Equipment Required: A water bottle, preferably labeled with child's name

Shorts, t-shirt, cleats, shin guards

**Registration Fee:** \$85.00 (This includes a camp T-shirt)

Make checks payable to: Horseheads Varsity "H" \*\*Bring on the first day of camp.

**Camp Director:** Lee Spencer, Head Varsity Girls Soccer Coach

**Assistants:** Wes Kirk, JV Girls Soccer Coach

Past Horseheads Varsity Girls Soccer Players

## **Camp Philosophy**

The goal of this camp is to identify the athletes not only based on age but also their ability. All ages and abilities will have opportunities to improve their soccer skills and knowledge. We provide a fun and fulfilling experience with the competitive edge necessary for all players to improve.

## Camp Schedule

Attendance/Run/Stretching
Warm-Up Game
Skills and Drills (Stations)
Small Sided Games
(4 v. 4 v. 4, 6 v. 6 v. 6, etc.)
Team Concepts
(Marking, Transition, etc.)
Full Field Scrimmage