

Horseheads Varsity "H"

GIRLS LACROSSE CAMP

Grades 1-8

July 20-23 4:00-6:00 High School Stadium

Registration is online via form on district website

Equipment Required:	<p>A water bottle, preferably labeled with child's name Cleats, shorts, t-shirt, stick, helmet, goggles, mouthpiece</p> <p><i>***Equipment will be available if needed (helmet & sticks)</i></p>
Registration Fee:	<p>\$85.00 Includes camp t-shirt Cash or check accepted Make checks payable to Horseheads Varsity H Bring on first day of camp</p>
Camp Director:	<p>Head Varsity Girls Lacrosse Coach Jen Guzylak</p>
Assistants:	<p>Girls Lacrosse Coaching Staff Varsity Players</p>
<p>Camp Philosophy:</p> <p>This camp will help further develop each individual's skills in lacrosse. Each day, the athletes will learn the basic fundamentals through instruction, skills and drills, and various games and competitions. This camp will give each player the necessary background of the game and give them the proper instruction to be an excellent player at any level.</p>	