

# Horseheads Varsity “H” Flag Football Camp

**Grades 3-6**

**\*\*We will need at least 20 participants to run camp**

**EVERY TUESDAY in July • 5:00-6:30**

**(July 5, 12, 19, 26)**

**Varsity Practice Fields-Football Fieldhouse**

**\*\*Registration is online [here](#)**

<b>Camp Location:</b>	Football Practice Fields-Football Fieldhouse <b>**Drop-off and Pick-up Parking is at the FOOTBALL FIELDHOUSE</b>
<b>Equipment Required:</b>	<b>A water bottle, preferably labeled with child’s name</b> Cleats and/or sneakers, athletic socks, shorts, shirt.
<b>Registration Fee:</b>	\$85.00 (This includes a camp T-shirt)
<b>Make checks payable to:</b>	Horseheads Varsity “H” <b>**Bring on the first day of camp.</b>
<b>Camp Director:</b>	Kevin Hillman, Head Varsity Football Coach
<b>Assistants:</b>	Football Coaching Staff and Varsity Players

## **Camp Philosophy:**

- \*\* To learn offensive terminology and skills**
- \*\* To learn defensive terminology and skills**
- \*\*To learn basic offensive formation and passing plays used in the horseheads program**
- \*\* To understand the effort required in football and in all life activities**
- \*\*Finally and most importantly, TO HAVE FUN!!**

## **Camp Schedule:**

**7/5**

- Pick Teams
- Introduce rules and positions.
- Team practice
- Scrimmage game

**7/12**

- Team Practice
- Begin round robin play (2 games)

**7/19**

- Team Practice
- Continue round robin play (2 games)

**7/26**

- Flag Football Tournament/ Pizza and Awards