

# Horseheads Varsity "H"

## FLAG FOOTBALL CAMP

Girls Grades 1-9

**July 6-9      1:00-3:00      High School Stadium**

**Registration is online via form on district website**

<b>Equipment Required:</b>	A water bottle, preferably labeled with child's name Cleats and/or sneakers, shorts, t-shirt, athletic socks
<b>Registration Fee:</b>	<b>\$85.00</b> Includes camp t-shirt Cash or check accepted Make checks payable to Horseheads Varsity H Bring on first day of camp
<b>Camp Director:</b>	Head Varsity Football Coach Kevin Hillman
<b>Assistants:</b>	Football Coaching Staff and Varsity Players
<b>Camp Philosophy:</b>  ** To learn offensive terminology and skills ** To learn defensive terminology and skills **To learn basic offensive formation and passing plays used in the HH program ** To understand the effort required in football and in all life activities **Finally and most importantly, TO HAVE FUN!!	

## **Camp Schedule:**

**7/6**

- **Pick Teams**
- **Introduce rules and positions.**
- **Team practice**
- **Scrimmage game**

**7/7**

- **Team Practice**
- **Begin round robin play (2 games)**

**7/8**

- **Team Practice**
- **Continue round robin play (2 games)**

**7/9**

- **Flag Football Tournament/ Pizza and Award**