

If a child is not able to enter school or has been sent home due to the following possible COVID-19 related symptom(s), the parent/guardian will receive the information below either at the time of pick up or via email.

Symptoms

Ever of at least_100.0° Cough Shortness of breath or difficulty breathing Fatigue/Tired
Muscle/Body Aches Headache New loss of taste or smell Sore throat Congestion or runny nose
Nausea/vomiting/Diarrhea Other:

Returning to School after Illness

Schools must follow CDC, NYDOH, and local Health Departments for guidance allowing a student to return to school after being diagnosed with COVID-19 or exhibiting symptom(s) consistent with possible COVID-19, *regardless of vaccination status*. Your child may return to school when one of the following is met.

Below are the criteria from the Horseheads Central School District COVID-19 Plan for the 21-22 school year as of 3/9/22:

Staying Home from School When Sick and Getting Tested

Students and school personnel must stay home from school and test if they are showing signs and symptoms of infectious illness, including COVID-19. See bulleted list at bottom of page.

Parents/Guardians/Staff who are coming onto district property including district buildings, fields, and transportation, are expected to self-monitor daily for any COVID-19 symptoms. This includes both during the school day and activities/ events outside school hours.

Home tests are available in the Main Office of each of our school buildings.

If a student or staff member shows signs and symptoms of infectious illness, including COVID-19, to re-enter our schools and buildings, they need to:

• Show symptom improvement and be 24 hours fever-free without fever-reducing medication *and* produce a copy of a negative test result, either lab or home test.

OR

• Show symptom improvement and be 24 hours fever-free without fever-reducing medication *and* produce a doctor's note with an alternative diagnosis.

OR

• If refusing to take a COVID test or see a physician, choose to be *presumed positive* and complete five days quarantine through the Chemung County Health Department.

It is recommended by the Horseheads School District and school nurse that the parent/guardian of any student being sent home for the above illness reach out to the student's health care provider as soon as possible for guidance, and if any symptoms worsen or any concerns, they should contact 911.

See page 2 for additional information regarding isolation.





General information for parents

- If your child has symptoms but tests negative on a home test, keep your child at home until your child is feverfree without medication for 24 hours and symptoms are improving. Report proof of the negative test result to your school nurse. Photos of the negative home test are acceptable, labeled with the child's name and the date of the test.
- If your child tests positive on a home test, keep your child at home and report the result to the county through their reporting portal at this link: <u>https://forms.chemungcountyny.gov/covidpaperwork/</u>. Please also contact your school nurse to give the district this information for attendance purposes. When your child returns to school, they must wear a mask day 6 – 10 of the isolation when in attendance.
- If you learn that your child is a direct contact from a positive COVID exposure, your child must mask for 10 days in the school setting following the exposure.
- If you have any additional questions about requirements for school reentry, please contact your school building nurse.
- Please check your child's ItsLearning page for further information on assigned work while in quarantine/isolation.
- Please scan the QR code for the Authorized Use of School-Owned Equipment by Students Usage Agreement to request a school computer or device for learning while home on quarantine or isolation. Note:*Please SCAN this QR Code and fill out the Equipment Usage Agreement only if you have NOT already done so with the school.



Covid – 19 Test Sites (this list is not exhaustive but, are some options in our area):
Rite Aid – (ages 4 yrs and older)
2144 Grand Central Ave, Horseheads, NY 14845
(607) 739-0301
riteaid.com
10AM · 8 PM M-F; Sat – Sun 10AM · 5 PM

AOMC – Urgent Care Horseheads

Appointment and Physician order required 100 John Roemmelt Drive, Horseheads, NY 14845 (607) 737-4100

Wellnow Urgent Care - Big Flats 830 County Road 64, Big Flats, NY 14903 (607) 846-2030

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