Horseheads Varsity "H" Girls Volleyball Camp

July 10-13 Grades 6-8 2:00-3:30 Grades 9-12 3:30-5:00 Middle School Gym and Fieldhouse

**Registration is online at this link

Camp Location:	Horseheads Middle School Gym and Fieldhouse	
	**Drop-off and Pick-up Parking at the BACK Middle School FIELDHOUSE Entrance	
Equipment Required:	A water bottle, preferably labeled with child's name	
	Shorts, sneakers, knee pads (optional), t-shirt	
Registration Fee:	\$85.00 (This includes a camp T-shirt)	
Make checks payable to:	Horseheads Varsity "H"	**Bring on the first day of camp.
Camp Director:	Megan Merrill Head Varsity Girls Volleyball Coach	
Assistants:	Past and Present NCAA Players and Club Coaches	

Skills Taught:

<u>Team</u>

*Serve receive transition

*Coverage

*Offensive & defensive systems

Individual

*Passing	*Serving
5	J

*Hitting *Setting

*Blocking *Digging