

Horseheads Varsity "H" Flag Football Camp

Grades 3-6

****We will need at least 20 participants to run camp**

**EVERY MONDAY in July • 5:00-6:30
(July 10, 17, 24, 31)**

Varsity Practice Fields-Football Fieldhouse

****Registration is online [at this link](#)**

- Camp Location:** Football Practice Fields-Football Fieldhouse
****Drop-off and Pick-up Parking is at the FOOTBALL FIELDHOUSE**
- Equipment Required:** **A water bottle, preferably labeled with child's name**
Cleats and/or sneakers, athletic socks, shorts, shirt.
- Registration Fee:** \$85.00 (This includes a camp T-shirt)
- Make checks payable to:** Horseheads Varsity "H" ****Bring on the first day of camp.**
- Camp Director:** Kevin Hillman, Head Varsity Football Coach
- Assistants:** Football Coaching Staff and Varsity Players

Camp Philosophy:

- ** To learn offensive terminology and skills**
- ** To learn defensive terminology and skills**
- **To learn basic offensive formation and passing plays used in the horseheads program**
- ** To understand the effort required in football and in all life activities**
- **Finally and most importantly, TO HAVE FUN!!**

Camp Schedule:

7/10

- Pick Teams
- Introduce rules and positions.
- Team practice
- Scrimmage game

7/17

- Team Practice
- Begin round robin play (2 games)

7/24

- Team Practice
- Continue round robin play (2 games)

7/31

- Flag Football Tournament/ Pizza and Awards