

Horseheads Varsity "H" Boys Lacrosse Camp

Grades 1-8

August 1-3 • 8:00-11:00
Holding Point Field

****Registration is online [here](#)**

- Camp Location:** Holding Point Facility
- Equipment Required:** **A water bottle, preferably labeled with child's name**
Cleats, shorts, t-shirt, stick, helmet, arm pads, gloves
**Equipment will be available if needed
- Registration Fee:** \$85.00 (This includes a camp T-shirt)
- Make checks payable to:** Horseheads Varsity "H" ****Bring on the first day of camp.**
- Camp Director:** Jason Neubauer, Head Varsity Boys Lacrosse Coach
- Assistants:** Kyle Wright, Head JV Boys Lacrosse Coach
HHS Varsity Lacrosse Players

Camp Philosophy

This camp will teach the basic mechanics and fundamental skills for both offensive and defensive lacrosse positions. This camp will also demonstrate the strategies and techniques taught by present college and high school coaches. Campers will be grouped by position, size, and abilities. This camp will benefit both experienced and inexperienced players.